

S.O.A.R Through Parenting: A Family Fun Night

Sponsored by Avon Local Schools and Social Work Team



Parenting does not come with a HOW TO Guide, so we invite you along with your family to take part in a FREE family series to learn skills to help support your child.

September 27: *Building family connections and applying love languages to parent/child relationships

October 25: *Teaching social skills and responding to bullying

November 29: *Raising well adjusted children and improving their self-esteem

January 31: *Distinguishing between generalized anxiety and stressful situations

February 28: *How to teach appropriate use of screen time and social media

Topics are geared towards children age kindergarten through 5th grade. FREE childcare will be provided for 4yrs and up.

Location: Avon Middle School, 3445 Long Rd

Evening will include:

5:30-6:00: **FREE DINNER**

6-7:00PM: Interactive

topic discussion for parents

6-7:00PM: Engaging activity

for the children



**PLEASE SCAN THE QR CODE TO RSVP.
YOU MUST RSVP TO ATTEND THE EVENT!**