



AVON LOCAL SCHOOL DISTRICT

FAMILY TOOL KIT

At The LCADA Way, we are focusing on the challenges and needs of our community. The reality of COVID-19, has changed the way we feel, communicate, relate, learn, work, and live. Since different families have different needs, we want to ensure that we are continually providing support for our communities and families. We have created this **Family Tool Kit** which contains helpful resources and supports, to assist you during this time. If you have any questions, or would like assistance in applying these resources, please contact us at The LCADA Way – Prevention Department at (440)-989-5912. We are here to support you!



THE VALUE OF VALUES

Values are basic, fundamental, personal beliefs that guide or motivate our attitudes and behaviors; they are the motive behind purposeful action. Values are very important in parenting, since they deeply influence all attitudes and behaviors, and effect decisions and relationships.

Understanding the concept of values and the importance of teaching them to children gives parents a **powerful** way to influence their children and to shield them from the adverse forces they may encounter in the outside world.

- Honesty * Compassion * Positivity * Respect * Loyalty * Dependability**
- *Commitment * Service to Others * Courage * Open Mindedness * Passion * Patience * Joy * Creativity * Appreciation * Happiness * Growth * Kindness**
- *Leadership * Love * Trustworthiness * Wisdom * Peace * Humor * Self-Respect ***



VALUES PROVIDE CLARITY

Parents are more effective and clear when they know what they value for themselves and how those values influence what they want for their children.

The more conscious parents are of the values they wish to transmit and the more they know about effective ways of transmitting them, the more likely it is that their children will learn and incorporate those values.

VALUES PROVIDE GUIDANCE

Knowing your goals for your child helps you decide how to relate to your children. It focuses the parenting choices you make, helps you to guide your child, determine what messages you want to send and what behaviors and attitudes you want to reinforce.

Using a balance of teaching, modeling, & clarifying to impart your values, will allow your child to develop a strong ethical value system.

CONSIDERATIONS FOR DISCUSSING & MODELING VALUES WITH CHILDREN:

- Talk to your children about your values, and why they are important to you.
 - Share family stories that demonstrate values you want to instill.
 - Ask leading questions to help your child think about the meaning of the value.
 - Model values that demonstrate what you want your children to learn and practice.
 - Allow your child some leeway to either accept/act upon a value, or discard it.
 - Values between a parent and child may be different, and can cause conflict. Be consistent with your message. With healthy modeling, and as the child matures, they will become more independent in practicing the values you have worked so hard to instill.
- **REMEMBER ~ it takes time and patience before your child will internalize some values and live by them. Be Patient and Hopeful!**

**Check out Center for Parenting Education Website for more helpful ideas and resources:
<https://centerforparentingeducation.org/library-of-articles/indulgence-values/values-matter-using-your-values-to-raise-caring-responsible-resilient-children-what-are-values/>

We hope that you find these resources helpful. If you have questions, or are in need of a specific resource, we would be happy to assist you. Please contact your District Prevention Educator, Ashley Truman-Skvor @ atrumanskvor@thelcadaway.org or trumanskvorashley@avoneagles.org. The Youth and Family Tool Kits are designed to coordinate with one another. Visit us on Facebook @ [Keys to Prevention](#). THANK YOU!

